MAY 2018



## Healthy Minds, Healthy Bodies:

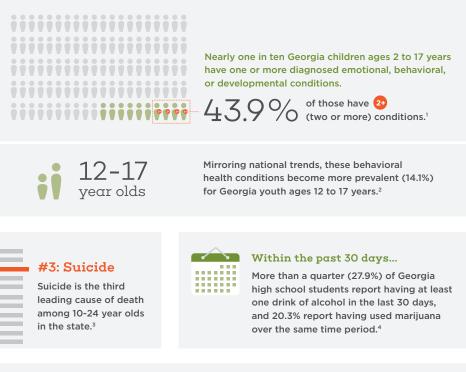
BEHAVIORAL HEALTH NEEDS AND SUPPORTS FOR GEORGIA'S CHILDREN AND YOUTH

Behavioral health refers to a broad array of mental health conditions or substance use disorders or both. Mental health conditions consist of a broad array of conditions including depression, attention hyperactive disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, or any number of other diagnoses or collection of symptoms.



healthyfuturega.org 404-567-5016

#### Behavioral Health Needs of Georgia's Children



## ACEs

ADVERSE CHILDHOOD EXPERIENCE: a stressful or traumatic event that occurs before the age of 18 years that the person remembers as an adult

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No ACEs	1 ACE	2+ ACEs
51.2%	26.8%	26.8%

CHILDREN IN GEORGIA WITH ACEs

### Behavioral health is influenced by external factors

Mental health is shaped by a person's social, economic, and physical environment, often called the social determinants of health. The social determinants of behavioral health include:

- Adverse childhood experiences (ACEs)
- Access to health care
- Access to and quality of education
- Unemployment and job insecurity

ABOVE THE FPL

THE FPL

ΑT

- Poverty and income inequality
- Food insecurity
- Housing issues
- Discrimination

People who experience poor social determinants of health have an increased risk for behavioral health conditions.

For example:

**9.2% of children** who live **above** the federal poverty line have a behavioral health diagnosis

13.6% of children who live at or below

have a behavioral health diagnosis

the federal poverty line





≤ \$20,781 household income for a family of 3



# Connecting Georgia children & youth to behavioral health services

Young Georgians have four primary pathways to behavioral health services and supports.

	Children with who are covered by Georgia Families Medicaid (through Amerigroup, Peach State, WellCare or CareSource) 1 million (38%)	ACCESS BEHAVIORAL HEALTH CARE Through the CMO's provider directory	
***	Children in foster care (covered by Georgia Families 360 through Amerigroup) 29,000 (1%)	AUTHORITY Georgia Department of Community Health	<b>PAYER</b> Georgia Department of Community Health, Medicaid
<b>;;;;;</b>	Children with disabilities who are covered by SSI Medicaid 45,000 (<2%) Uninsured children	ACCESS BEHAVIORAL HEALTH CARE Through the Georgia Crisis & Access Line at: 1-800-715-4225 (available 24/7) or mygcal.c AUTHORITY Georgia Department of Behavioral Health & Developmental Disabilities PAYER Georgia Department of Behavioral Health behavioral Health behavioral Health	
	166,000 (6%)		
<b>;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;;</b>	Children who are covered by PeachCare for Kids 137,000 (5%)	ACCESS BEHAVIORAL HEALT Through the CMO's pro- AUTHORITY Georgia Department of Community Health	
	Children with private health insurance coverage (through a parent's job or an individual health insurance plan) 1.2 million (45%)	ACCESS BEHAVIORAL HEALT Through the insurer's AUTHORITY The child's health insurance company	
= 10,000 CHILDREN	*Population estimates are rounded to the nearest thousand. Percents represent the ratio of Georgia children (ages 0-18) who receive behavioral health services through each payer type. Percents are rounded to the nearest whole percent and thus may not sum to 100%.		
GEORGIANS FOR A HEALTHY FUTURE	1 Child and Adolescent Health Measurement Initiative Data Res and Emotional Well-Being Profile from the National Survey of 2 Insel TR. Assessing the economic costs of serious mental illin 3 American Foundation for Suicide Prevention. Suicide: Georgi https://afsp.org/about-suicide/state-fact-sheets/HGeorgia 4 Georgia Department of Public Health, Online Analytical Stati au.st/oasis/vrbs/ 5 National Survey of Children's Health. Data query on Adverse Resource Center for Child and Adolescent Health website. 2010	Children's Health. 2007; <u>http://www.childhealth</u> ess. Am Psychiatric Assoc; 2008. ia 2017 Facts & Figures. stical Information System. Youth Risk Behavior Family Experiences from the Child and Adolesc	id <u>ata.org.</u> Survey (YRBS), 2013: <u>https://oasis.state.</u>