

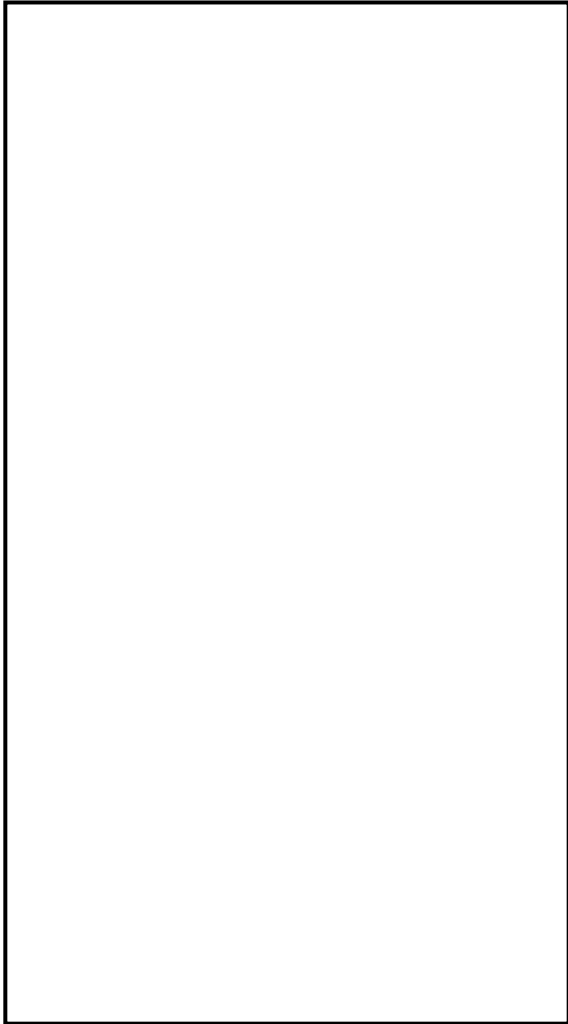
Think Outside the Box


Can you make this notice more health literate?

PREVENTIVE CARE HELPS KEEP MEMBERS HEALTHY

At Health Care, we encourage members to receive preventive care items and services. The Affordable Care Act (ACA) requires specific preventive services and drugs to be covered at 100 percent when they are received through participating providers. **Members who use our network providers will receive certain preventive care services and specific drugs paid at 100 percent.**

| Adult Preventive |
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| Exams: Preventive office visits including well-woman exam |
| Immunizations (<i>vaccines for adults – doses, recommended ages and populations vary</i>): Influenza (flu) Pneumonia Hepatitis A Hepatitis B Tetanus, Diphtheria, Pertussis (Td/Tdap) Varicella (chicken pox) Measles, Mumps, Rubella (MMR) Meningococcal Zoster Human Papillomavirus (HPV) |
| Screenings: breast cancer, cervical cancer/dysplasia, colorectal cancer, prostate cancer, HIV, routine blood and urine, cholesterol, osteoporosis, obesity, HPV, hepatitis C, alcohol misuse, lung cancer (effective January 1, 2015) |





VERBAL REMEDIES