

SOMEBODY
FINALLY
ASKED ME

TRUE TALK: POWER OF PREVENTION

POLICY FORUM

OCTOBER 22, 2015

LOUDERMILK CENTER, ANN CRAMER ROOM

11:30 AM - 1:45 PM

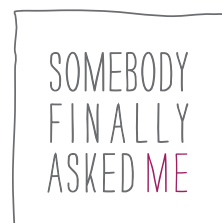


**GEORGIANS FOR A
HEALTHY FUTURE**

THE VOICE FOR GEORGIA HEALTH CARE CONSUMERS



**Georgia Council
on Substance
Abuse**



TRUE TALK: POWER OF PREVENTION

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We know how passionately you feel about preventing substance use in Georgia's teens and young adults. This forum takes a deep dive into promising, cost-effective best practices to reduce youth substance abuse in Georgia.

OPENING REMARKS

Opening remarks by **Senator Renee Unterman**, the chair of the study committee and the Senate Health and Human Services committee.

PANEL DISCUSSION

Dr. Paul Seale, Navicent Health

Dr. Gabe Kuperminc, Georgia State University

Leigh Colburn, Director, Graduate Marietta Student Success Center

Bertrand Brown, Georgia Council on Substance Abuse

Our moderator is **Dr. Natalie Hernandez** of Morehouse School of Medicine

PANEL DISCUSSION



DR. PAUL SEALE

J. Paul Seale, M.D., a graduate of Baylor College of Medicine, is Professor and Director of Research in the Department of Family Medicine at Navicent Health and Mercer University School of Medicine in Macon, Georgia (USA) and is certified by the American Boards of Family Medicine and Addiction Medicine. Since completing a faculty development fellowship sponsored by the U.S.

National Institute on Alcoholism and Alcohol Abuse (NIAAA) and National Institute on Drug Abuse (NIDA) in 1987-1988, he has been involved in research, teaching and clinical practice related to unhealthy substance abuse for more than twenty-five years in both the U.S. and abroad. His research in this field has included involvement in numerous studies funded by the U.S. National Institutes of Health (NIH), Centers for Disease Control (CDC), Substance Abuse and Mental Health Services Administration (SAMHSA), and Hilton Foundation. From 2008-2013 he served as co-medical director for Georgia's SAMHSA-funded state screening, brief intervention and referral to treatment (SBIRT) initiative which provided screening to more than 100,000 patients and brief interventions to more than 20,000 patients. Since 2009 he has served as head of the Southeastern Consortium for Substance Abuse Training, which has provided training to more than 600 physicians and other healthcare professionals in the southeastern U.S. in screening and brief intervention (SBI) for drug, tobacco and alcohol misuse. He is active nationally and internationally as a clinician researcher, medical educator, substance abuse consultant and physician volunteer and has been elected to serve as president of the Association for Medical Education and Research in Substance Abuse from 2015-2017.



DR. GABRIEL KUPERMINC

Gabriel Kuperminc, Ph.D. is Professor of Psychology and Public Health at Georgia State University, where he serves as Director of the doctoral program in community psychology. He has served as the Director of Evaluation for Georgia BASICS, a cooperative agreement between SAMHSA and the state of Georgia to implement and evaluate its SBIRT program. He has consulted with the Centers for Disease Control and Prevention and the

Fulton County Health Department on implementation of clinic-based electronic screening and brief intervention (eSBI). In addition, Dr. Kuperminc currently has two grants from the Office of Juvenile Justice and Delinquency Prevention conducting evaluations of school and community based youth mentoring programs. As PI and Co-PI on numerous grants and contracts from federal, state, and private sources, he has conducted large- and small-scale evaluations using methods ranging from qualitative case studies to randomized trials. He has served as an expert panelist for the CDC on youth development approaches to promoting adolescent sexual health. Dr. Kuperminc is a fellow of the American Psychological Association, the Society for Community Research and Action, and the Society for Applied Anthropology.



LEIGH COLBURN

Leigh Colburn is a lifelong resident of Cobb County who has worked as a career educator. For the last ten years, Mrs. Colburn has proudly served as the principal of Marietta High School, and beginning July 1, 2015 she now serves as the Director of the Graduate Marietta Student Success Center. In addition to several professional committees, Ms. Colburn is an active community leader who currently serves with organizations such as the

Marietta Mentoring for Leadership organization, the Davis Direction Foundation, and the YWCA. Ms. Colburn is a 2006 Leadership Cobb graduate and a 2014 member of the Cobb Chamber's Honorary Commanders organization. Ms. Colburn works actively with the Marietta Board of Education, the Marietta City Council, and Marietta's public safety departments and community groups to improve the quality of life for Marietta's teens. In honor of Ms. Colburn's service, she has been recognized by the YWCA as a North West Georgia Woman of the Year, selected by Marietta Schools Foundation as a Distinguished Alumnus of Marietta High School, a Marietta City Schools Employee of the Year, and in 2014, Ms. Colburn received the Creating Community Award by the Cobb County Community Relations Council. In recent years, Ms. Colburn was chosen by Cobb Life Magazine as one of Cobb County's Ten Power Women, and she was selected by the Cobb Marietta Junior League as one of seventy-five notable women in Cobb County history. Leigh Colburn is a proud alumnus of Marietta High School, Kennesaw State University, the University of Mississippi, and the University of Alabama. Ms. Colburn lives in historic Marietta with her husband, Doug, and she has raised two sons who attended Marietta High School. Her oldest son, John, is currently attending seminary at Samford University and her younger son, Phillip, is serving proudly as a member of the United States Army.



BERTRAND BROWN

Bertrand Brown is an 18-year-old in long-term recovery from marijuana addiction. He is from New Orleans, Louisiana and is a survivor of Hurricane Katrina. Currently he is a Youth Advocate with the Georgia Council on Substance Abuse. Completing his high school diploma has become a priority for Bertrand, and he is well on his way to accomplishing that. He was recently released from a long-term juvenile facility. Through his time in the

youth development campus he spoke to over 80 youth and adults about his steps to recover. He also speaks at middle schools and high schools across Georgia. Bertrand is passionate about letting younger people know about recovery. He believes they can't know how to handle problems if they're not exposed to the solutions. He desires to help find those solutions!



DR. NATALIE HERNANDEZ

Dr. Hernandez is an Assistant Professor at Morehouse School of Medicine (MSM). She is also a postdoctoral fellow at the Prevention Research Center and Center of Excellence on Health Disparities at MSM. Dr. Hernandez received her master of public health from Emory University's Rollins School of Public Health and a bachelor of arts in anthropology from Stony Brook University in New York. She earned her doctorate in public health as well as a

graduate certificate in interdisciplinary women's health from the University of South Florida. Prior to her doctoral studies, Dr. Hernandez worked as a project coordinator for the National Council of La Raza (NCLR) and held leadership positions in a number of coalitions in Georgia dedicated to advancing health equity. In addition to supporting community health promotion, education, and advocacy, she also provided technical assistance to support the provision of high quality culturally relevant, sensitive, and linguistically appropriate health care and prevention services. Dr. Hernandez's expertise includes the health status and health needs of Latinos, promotores de salud (community lay health educators), HPV and cervical cancer among Latinas and other ethnoracial minorities, family planning, and health advocacy. She has presented her work at various international, national, state, and local conferences. Dr. Hernandez's future career plans and goals with respect to health equity are tied directly to her role as a researcher and a woman of color. They are to strengthen health programs and policies, to reduce racial disparities, and to ensure that all people receive comprehensive, culturally appropriate, quality health care. Dr. Hernandez also serves on the board of directors for Georgians for a Healthy Future.



With a mission to build and mobilize a unified voice, vision, and leadership to achieve a healthy future for all Georgians, Georgians for a Healthy Future provides a strong voice for Georgia consumers and communities on the health care issues and decisions that impact their lives. Our vision is of a day in which all Georgians have access to the quality, affordable health care they need to live healthy lives and contribute to the health of their communities. Since our founding in 2008, Georgians for a Healthy Future has provided substantive health policy information to community leaders and advocates throughout the state, conducted seminars to equip consumers with the tools to become strong advocates, successfully injected the consumer perspective into hundreds of health care stories in the media, and engaged with policymakers to spark policy change for a healthier Georgia.



The mission of the Georgia Council on Substance Abuse (GCSA) is to reduce the impact of harmful substance use in Georgia's communities through education, advocacy and training. We accomplish our mission by:

- Influencing public policy to improve the availability and effectiveness of prevention, treatment and recovery support services
- Providing and disseminating education and training relevant to the addiction recovery field, and acting as a clearinghouse of information on substance abuse prevention, treatment and recovery-oriented systems of care
- Providing advocacy that mobilizes and organizes Georgia's recovery communities to promoting the benefits of recovery and eliminating discrimination against people seeking and in long-term recovery.

Through private donations, foundation contributions and grants, we are dedicated to strengthening communities by promoting quality addiction prevention, treatment and recovery practices, and by supporting public policy that not only reduces the stigma associated with addiction, but also supports the development and implementation of a strong prevention, treatment and recovery services system.

We have an active Board of Directors representing the business, criminal justice, and education, prevention, treatment and recovery communities. Our diverse staff of people in long-term recovery work hard to create and sustain communities that support recovery.

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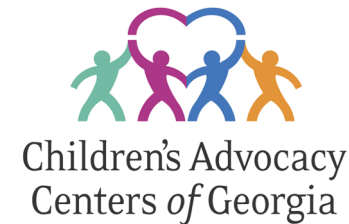
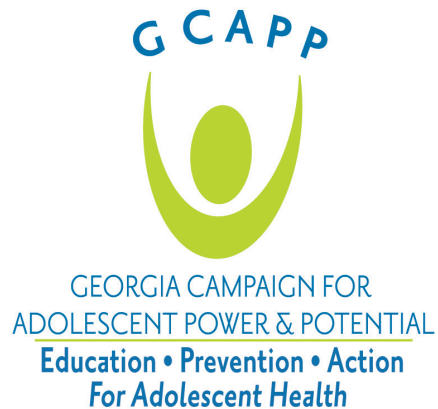


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